

Hearts & Hooves

Therapeutic Riding Center

2022 Lesson Fee Structure*

<i>Therapeutic Riding, Ground Lessons & Hippotherapy</i>	<i>½ Hour Private TR (starts on the hour)</i>	<i>Private TR – 50 minutes</i>	<i>TR – 50 Minutes, & Hippotherapy</i>
<i>Rider Fee Per 8 Week Session (Five 8 week sessions in 2022)</i>	\$240	\$480	\$360
<i>Recreational Riding Lessons</i>	<i>Private Lesson – 30 minutes</i>	<i>Private Lesson – 50 minutes</i>	<i>Group Lesson - 50 minutes</i>
<i>Rider Fee Per 8 Week Session (Five 8 week sessions in 2022)</i>	\$240	\$480	\$360

*Lesson fees will be prorated based on remaining weeks in a session for riders joining the program after the start of a session. Hearts & Hooves reserves the right to adjust this fee schedule with 30 days notice based on the needs of the business. We do not offer single riding lessons; we offer lessons only as part of a session. Please note: program rider weight limit maximum of 200 lbs.

Therapeutic Riding (TR) – Uses equine-oriented activities to provide opportunities for motivational, educational and/or recreational benefits to enhance the quality of life for individuals with disabilities. Participants are involved in physical, social, sensory and cognitive activities while learning how to ride a horse. This term was originally an all encompassing term, but has evolved to refer to activities conducted by a certified riding instructor as opposed to those by licensed therapists. This skill based program may be taught in a group TR lesson (maximum of 4 riders), short private lessons (30 minutes) or full private lessons (50 minutes). These lessons are taught by a PATH International certified riding instructor and can be group, short private, or full private lessons.

Hippotherapy (HPOT) – Promotes the use of the movement and personality of the horse as a treatment strategy in scripted physical, occupational and speech therapy sessions for people living with disabilities. This is a medically based program. To practice HPOT at Hearts & Hooves, a therapist must be licensed in his/her discipline and complete specialized hippotherapy training per PATH International guidelines. The actual cost of the therapy is billed by the therapist, which is a separate charge from the horse/arena fee charged by Hearts & Hooves in the fee structure above.

Ground Lesson (GRD) – Equine assisted activities that are not mounted. These lessons may include learning nutrition, how to wash a horse, taking vital signs, learning parts of the horse or tack, colors and breeds of the horse, etc. Ground lessons are used when mounted lessons cannot occur for those individuals who wish to experience the horse, however for medical, weight, or other reasons cannot ride. These skill-based lessons are taught by a PATH International certified riding instructor and can be group, short private or full private lessons.

Recreational Riding Lesson (REC) – We offer a small number of traditional, recreational (non-therapeutic) riding lessons as part of our mission to educate. Riders must be 4 years or older to participate. All lessons are on the flat (no jumping) and are primarily walk/trot only. This skill based program may be taught in a group lesson (maximum of 4 riders), or private lessons (30 or 50 minutes). Horse leaders and side walkers are provided as needed.